



## W INSIDER GUIDE TO AUGUST ON KOH SAMUI

One might think Samui is a small island and there isn't much to do, well I am here to tell you otherwise. Whether you would prefer sea or land, outdoors or indoors, you will be spoiled for choice.

**INSIDER ACCESS TO WHAT'S NEW/NEXT ON KOH SAMUI**



### SPA

When it comes to relaxing Samui has some of the best Spas, and what better way to get through a rainy day than getting pampered. Try W Retreat's Away Spa with signature Thaimazcal herbal sauna/steam experience. Other Spas we recommend - Anantara Spa, Banyan Tree Spa Samui, Let's Relax Day Spa, Eranda Spa, Magnolia Spa, Tamarind Spa.

**INSIDER TIP** Check out the promotions of the week. Make sure you book at least 90 mins, an hour goes too quick



### FIVE ISLANDS

A truly insider experience is what you are looking for? Set sail to neighboring islands, picnic on deserted beached and enjoy the most beautiful sunset, while cruising between the Five Islands, in your private transitional long tail boat.



### FUEL YOUR BODY

June's Art Café is one of the best places on the island to grab a healthy snack or a quick lunch that, will fill you up and will be good for your body. The café is about 10 minutes drive from W Retreat Koh Samui and offers a selection of fair trade, organic coffees and teas as well as breakfast items, cakes and lot more. Local artists' work are also displayed on the walls, these can be purchased in case you fall in love with one or two.

**INSIDER TIP** Try the nori roll with loads of fresh veg, hummus and quinoa.

### 69 SLAM

Something I always forget when I go on holiday, swim wear. 69 Slam offers trendy beach wear for both men and women, their designs are whimsical and playful. They have shops both at the Wharf in Fisherman's village and Central Festival shopping mall in Chaweng.

### FUEL YOUR WORKOUT

You are on holiday but you don't want to fall out of the everyday routine, or you might want to try something new? Try one of the FIT classes and FUEL your workout. Jet lagged or just like to wake up early, enjoy the sunrise yoga at WET or Muay Thai class at WOOBAR. In case you don't fancy getting up early, you can go for one of the afternoon classes.

**INSIDER TIP** Contact FIT at 33 for bookings.

### XQUAD SAMUI

If you do not mind getting a bit wet and dirty, then XQuad Samui is for you. This company organizes quad motor tours into the jungle, visiting a temple on the highest point of Samui and a hidden waterfall in the middle of the island. The tours start in the morning and come back late afternoon.

**INSIDER TIP** Don't wear your favorite clothes/shoes

### ZITA CSURGO

W INSIDER  
zita.csurgo@whotels.com